

A photograph of a document titled 'HIPAA Compliance' lying on a wooden desk. The document is partially covered by a blue stethoscope and a blue pen. The text 'HIPAA' is in a large, bold, blue font, and 'Compliance' is in a smaller, blue font below it, separated by a horizontal line.

HIPAA
Compliance

HIPAA COMPLIANCE

AND NOVABACKUP

How does NovaBACKUP help you comply with HIPAA data-backup and storage requirements?

HIPAA requires that organizations place contingency plans for both data backup and disaster recovery into effect.

Data backup software is a critical part of every organizations data-protection and disaster recovery plan. NovaBACKUP provides a highly scalable and flexible data backup solution for organizations who are required to protect confidential data under the HIPAA act.

HIPAA requires that organizations address the need for data backup prior to the movement of equipment, or changes in network infrastructure.

- ✓ **Disaster Recovery:** NovaBACKUP provides disaster recovery image backups for the restoration of entire systems even to dissimilar hardware.
- ✓ **Off-Site Data Storage:** NovaBACKUP offers backup to NAS, USB, Tape, and the Cloud, using NovaBACKUP-hosted cloud storage, for users looking to maintain a backup of critical information and disaster recovery images stored locally and at off-site storage locations in the event of catastrophic failure. Data for image and file-level backups utilize end-to-end 256-bit AES encryption.

HIPAA requires safeguards to be implemented that prevent the unauthorized access of information, the monitoring of critical data access, and the encryption of transmitted data.

- ✓ **User verification and role-based authentication:** Role-based authentication is available through the Central Monitoring Console to allow access controls for multiple users.
- ✓ **Monitoring:** Remote visibility into the progress and success of backup jobs is available using the Central Monitoring Console.
- ✓ **Informative logging of backup job status:** Backup summary reports offer daily, weekly and monthly updates summarizing backup job success, as well as specific file-level backup details.
- ✓ **Encryption stored data backups:** Disaster recovery image and file-level backups utilize end-to-end 256-bit AES encryption.

ABOUT HIPAA

The Health Insurance Portability and Accountability Act of 1996 was enacted by the United States Congress and signed by the President in 1996.

Title II of HIPAA requires the establishment of national standards for electronic healthcare transactions and also addresses the security and privacy of health data. The HHS has created five rules that identify various security standards. The Security Rule deals specifically with Electronic Protected Health Information (EPHI). It lays out three types of security safeguards required for compliance: administrative, physical, and technical.

NovaBACKUP meets the requirements of safeguards outlined in the Security Rule guidance material located on the [HHS website](#).

ABOUT NOVABACKUP

For more than a decade, NovaBACKUP has been a trusted provider of flexible, all-inclusive data protection solutions for Managed Service Providers (MSPs) and professional offices worldwide. As industry leaders in Backup and Disaster Recovery, we bring extensive experience in helping specialized industries meet strict data protection goals.

At NovaBACKUP, our primary goal is to simplify and enhance data protection for our clients. More than just powerful backup technology, our team of backup experts is dedicated to providing unparalleled support. We take a people-first approach to backup, understanding that every unique environment requires a personalized approach to data protection.

NovaBACKUP enables over 10,000 Healthcare customers to comply with HIPAA (Health Insurance Portability and Accountability Act), exceeding all backup, encryption, data retention, and recovery requirements offering local and HIPAA-compliant cloud backup.

[Schedule a call](#) with one of our backup experts today!

Our Service Promise

We promise to treat the protection and safety of your data like we do our own. Our job is to make data protection as simple and reliable as possible. You can count on us to provide professional, knowledgeable support that meets your data protection needs. Feel free to reach out to our team if you need assistance with your backup and recovery needs.



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